

| NUMBER | HAZARD | THOSE AT RISK | RISK CONTROL MEASURES |
|--------|---|---|---|
| L 01 | Drowning | Club members or general public using lake | <ul style="list-style-type: none"> • Ideally no club canoeing on lake without a competent person, usually an instructor, being present. • Clearly identified “competent person” in charge of session. • Ensure that lake users under club control can swim and / or that they are using appropriate buoyancy aid and are under adequate supervision. |
| L 02 | Learning Basic Skills This can involve capsize drill and the possibility of being trapped upside down | Novice paddlers | Ensure that novice members follow a structured introductory programme including being trained in how to exit their canoe safely following a capsize |
| L03 | Collision between canoeist and swimmer | All lake users | Look out for and avoid any swimmers. Limit club member swimming to that required following a capsize whether deliberate or accidental. |
| L 04 | Canoe Games especially Polo Contact between body and paddle, body and ball etc. | Players | Wherever possible, supervise all games. Members playing competitive canoe polo will be required to wear the following. <ul style="list-style-type: none"> • Crash hat, preferably with face shield • Buoyancy aid |

Completed by: Mike Perrott

Date: January 2008

V3

Reviewed by: Mike Perrott

Signature: _____

Date: December 2018

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| L 05 | Carrying Canoe Injury to person carrying canoe or kayak | Club member, guest or helper | Basic instruction to be given in manual handling with emphasis on getting help when carrying kayak or canoe, how to lift and to take care not to drop anything on feet |
| L 06 | Carrying Canoe and/or Paddle Injury from canoe or paddle striking another person when being carried | Club member s and guests. General public in vicinity of lake | Care to be taken when carrying canoes especially: Ensure that routeway is free from obstruction. Ensure that you are able to see ahead and that the canoe is not blocking or obstructing your view especially when approaching blind corners. |
| L 07 | Removing Canoe or Kayak full of water from lake Injury to back etc. if attempting to lift full boat from water. | Club member, other canoeist or helper | Instruction to be given teaching people how to ensure that most of the water is out of the canoe or kayak before attempting to lift it out of the water. |
| L 08 | Hypothermia | Club members or general public using lake | Club members and anyone being trained in canoeing on the lake will be given clothing requirements before session. Instruction will include the basics about hypothermia and how to avoid it. |

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| L09 | <p>Slipping Risk of falling due to slippery surface especially weed covered ramp.</p> | Club member, other canoeist or helper | Adequate footwear to be worn and lake users to be advised of possible problems. |
| L10 | <p>Injury to Feet Cuts etc due to unseen debris in bottom of lake</p> | Club member, other canoeists and lake users | Adequate footwear to be worn and lake users to be advised of possible problems. |
| L11 | <p>General injury due to Stored equipment in Boatshed</p> | Club member, other canoeist or helper | <p>Risk has been much reduced by installation of storage racking for boats and equipment. Non-members will only be allowed into Boatshed with adequate supervision, members to be advised of possible risk during introduction to club. Boats stored on high level racks only to be removed with assistance.</p> |

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