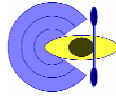


CLEVEDON CANOE CLUB



NEWSLETTER

No.6

Friday 15th December 2006

IMPORTANT NEWS

Christmas party at the sailing club on December 21st

GOOD NEWS

We are now members of the BCU and Clevedon Sailing Club.

BCU MEMBERSHIP

The membership we have with the BCU is 'Senior Membership with a registered youth section'. This means that a lot of emphasis will be placed on the youth section. Our youth leader is Nigel Barnes. As members of the BCU all of our youths may enter any junior BCU events. There is also a section on the BCU website just for the juniors. The BCU website is www.BCU.org.uk. We have been sent membership cards for all our Junior members and these will be available at the Christmas party for all you young ones to complete and collect.

Our membership no. is 100399. All BCU members resident in the UK have £5m liability insurance cover whilst engaged on canoeing activities worldwide. This of course is only applicable if you have submitted your application form to become a member of our club.

Sailing Club

Gavin and Steve had a successful meeting with the sailing club and we are now officially affiliated to them. We will be meeting there on Thursday the 21st for our Christmas party so please come along and Thursday the 28th of December.



MEMBERSHIP CARDS

This is what our membership cards are looking like thanks to Mark Dyer. Don't they look good. They will be available on the 21st of

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December at the sailing club to be signed by you and then they are to be laminated.

Full Member		CLEVEDON CANOE CLUB
Name	Lynne Lamb	
Valid From	November 2006	
Valid To	October 2007	
No	01/100	
Signature	-----	
Membership is not transferable		

BCU SW AGM

This was held at the sailing club on the 4th of December. Whilst there Gavin used his persuasive arguments to win us a kayak. In the words of Martin Aspinall:

'Last night at the BCU SW AGM, we won a boat. A brand new Dagger Dynamo to be precise. It is another kids boat, but IT'S OURS! (£325 rrp)

A retailer from Exeter, AS Watersports, was offering it to the club which most deserved it. Gavin hurriedly knocked up our "case" on the Bar.

Apparently there were 4 entrants, but one of the rules was that the club had to be there on the night, and at least 2 weren't. The winner was judged by the 2 representatives who came down from the BCU.

Angus has taken it home for the time-being.'

Clevedon Lake - Saturday the 16th of December

There will be some people (there is a question mark over their sanity) who will be going to the lake on Saturday morning. Feel free to join them.

The Clevedon model boat club are having a pre-christmas illuminated boats and firework party this Saturday from 5pm and 7pm

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BOXING DAY

For those of you who are interested, we will be meeting at Congresbury by the river Yeo. behind the pub in the car park for a boxing day paddle at 1.30 pm. There are limited kayaks available. If you want to meet up and haven't got one then it will be a matter of first come first served so you need to register your interest as soon as possible. If you have your own kayak then just turn up. We will of course need to transport the extra kayaks so if anyone who is taking their own and is willing to carry another one or two then can they please let me know so that arrangements can be made. Thank you

POOL EVENTS

This is looking very good. We are hoping this will go ahead from the middle of January. There are still some issues that need sorting out but as soon as they **have I will be getting in touch with those of you who have declared an interest and are members of the canoe club.** **So if your membership form is sitting in your to do pile – sort it out**

PARTY

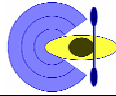
On the 21st of December we are holding a Christmas party at the sailing club.

Please come along.

- 1 It will be a chance to meet everyone and sign your membership cards.
- 2 If you are prepared to bring a plate of food please get in touch so that we can organise it.
- 3 We need something to play music on and some party music to listen too. If you have anything suitable (I have a little cd player) then please let me know.

Child protection

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I would just like to clarify the clubs policy on this at this time.

We have not got the skills or expertise where we are able to be the type of club where we can offer structured lessons to children/juniors.

We do plan to obtain these skills, but it takes time. Until such time as we do have these skills then parents/gaurdians are responsible for their children at all times. Any adult who is able will always offer guidance to any child or adult that needs it but we do not have the expertise to offer more than guidance.

Because of the times we live in, all adults who have any responsibility for children under the age of 18 years of age must have a CRB check done on them. Therefore those junior members who are at any club event can only attend without a parent/guardian if there is an adult supervising them who has had a CRB check.

The BCU offer them to all volunteers for free. I have had a check done on me so any junior may go to the lake or any other event without a parent/guardian providing I am there and able to supervise them. We need to establish a list of those willing to have the check done so that we can encourage more children from the ages 14 - 18 to join and we need to establish a list of those who have already had a CRB check done on them.

So please get in touch

Training weekend 9/10 December

Article By Gavin Price

Saturday - Angus Norrish, Steve Holland, Alistair MacDonald, Gavin Price, Martin Aspinall, Mike Perrot, with Ian Lamb as instructor met at Marine Lake 9:00 for a British Canoe Rescue course, although we started with BCU one star training as all except Mike were beginners. The novices wondered what they had let themselves in for, particularly as the lake looked especially cold for an early morning swim. The weather was fortunate; it was sunny spells mainly but with a chill wind. To warm up we started with some basic paddle skills. Ian and Mike sat a distance apart and the rest paddled a figure of eight around them, although onlookers may have questioned the groups numeracy skills. With a fair degree of frantic paddling, road rage and road hogging we made a circuit or two in the end. This was followed by a game of water polo to build confidence and warm up. The game was more kamikaze than polo, with boats bumping each other, which made it a great laugh but nobody tipped in, which was a surprise. Even more of a surprise, and laugh, was when we had a small rest and Alistair decided that was his moment to tip over rather than the preceding melee. When he surfaced he was still wearing his pink woolly hat, which he assured us was

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red. We spent the day practising various paddling strokes including how to go in a straight line, although some joined them together into circles. We even learnt how to tow each other with equipment Ian produced from his canoe that we all tugged on. We eventually finished around 3:30, tired and a bit cold but glad we had come along bit also wondering what we were in for the following day.

Sunday – we met at 9:30 at Clevedon Scouts hut to go through some theory ranging from canoe shapes, outfitting, through hypothermia, and ending in throw lines and rescue, which we had a go at outside to the merriment of early morning strollers passing by. We then set off for St Mary Redcliffe school pool to learn some canoe rescue. The water temperature was much warmer than the Marine Lake and akin to a pleasant bath. Martin tested the temperature early, so early he wasn't expecting it either judging by the look on his face as he tipped over. This was followed by deliberate falling in as we learnt how to rescue each other, empty boats while on the water, and climb back in again also while on the water. This was more difficult than it seemed but a great laugh, especially watching Martin manage to climb onto his canoe and fall back in again just before success. Ian decided we were not tired enough by all this and the previous day's activities so we had another game of water polo this time without paddles. By the end we could just about lift our arms. However, Ian then got us practising throwing ropes to make sure we slept well at work next week. It was a great weekend and the group learnt some new skills, which we plan to practise on the lake when it is warmer. A big thank you to Ian for training us and good luck in his BCU 3 star test on Monday.

Lynne Lamb
Secretary
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